

Resource List for “Reading is Fundamental”

Websites

On Fiction (Canada) www.onfiction.ca

(they also have a huge annotated booklist of books on the topic of the psychology of fiction
<http://sites.google.com/site/onfiction/front>)

EmpathyLab (UK) <http://www.empathylab.uk/>

A new organization which is focusing on the power of story to develop empathy and resilience in children; particularly focused on a school setting. [Inspired by a variety of research.](#)

The Readers Agency (UK) <http://www.readingagency.org.uk>

(their section on health, with many downloadable, detailed reports
<http://www.readingagency.org.uk/new-thinking/health>)

The Reader Organization (UK) <http://thereader.org.uk>

(plenty of research <http://thereader.org.uk/get-into-reading/research>)

Reading is Fundamental (US) <http://www.rif.org/>

Reach Out and Read (US) <http://www.reachoutandread.org/>

Florida Department of Health (US) <http://www.doh.state.fl.us/Family/RFH/index.html>

Reading In Practice MA , Liverpool University (UK)

http://www.liv.ac.uk/study/postgraduate/taught_courses/reading_in_practice_ma.htm

Books on Prescription (UK) <http://www3.hants.gov.uk/library/booksandreading/books-on-prescription.htm>

<http://www.overcoming.co.uk/single.htm?ipg=6242m>

<http://arena.yourlondonlibrary.net/web/merton/books-on-prescription>

Poems in the Waiting Room (UK) <http://www.pitwr.pwp.blueyonder.co.uk/>

Literature for Life (Canada) www.literatureforlife.org

Changing Lives through Literature (US) <http://cltl.umassd.edu/home-flash.cfm>

(be sure to check out their blog as well-- <http://cltlblog.wordpress.com>)

Books

Proust and the Squid: the story and science of the reading brain / Maryanne Wolf
Harper Perennial, c2008.

Read for your Life: literature as a life support system / Joseph Gold
Fitzhenry & Whiteside, c2001.

In Bed With the Word: reading, spirituality and cultural politics / Daniel Coleman
University of Alberta Press, c2009.

The Storytelling Animal: how stories make us human / Jonathan Gottschall
Houghton Mifflin Harcourt, c2012

Studies

General Overview <http://www.dailygood.org/more.php?n=4686>

Stress Relief <http://www.telegraph.co.uk/health/healthnews/5070874/Reading-can-help-reduce-stress.html>

Gregory Berns' research into empathy as a biological response
<http://esciencecommons.blogspot.co.uk/2013/12/a-novel-look-at-how-stories-may-change.html>

Reading Picture Books Benefits Children's educational goals
<http://www.ala.org/aasl/aaslpubsandjournals/slmrb/slmrcontents/volume32000/independent>

Reading increases children's empathy skills
<http://www.theguardian.com/teacher-network/2015/may/13/reading-teach-children-empathy>

Reciting Poetry has Physiological Benefits
<http://savvyverseandwit.com/2010/04/the-physiological-impact-of-poetry-by-melanie-kindrachuk.html>

Fiction and Prosocial (helping) behavior
<http://www.onfiction.ca/2011/11/research-bulletin-fiction-and-helping.html>

Virtual Reality as a metaphor for reading
Scroll down this page for a number of papers on the topic: <http://sites.google.com/site/onfiction/home>

Reading develops cognitive reserve
<http://www.medpagetoday.com/Neurology/GeneralNeurology/6288>

<http://www.crisisprevention.com/Resources/Article-Library/Dementia-Care-Specialists-Articles/Cognitive-Reserve-and-Alzheimer-s-Disease>

Reading and Society

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